

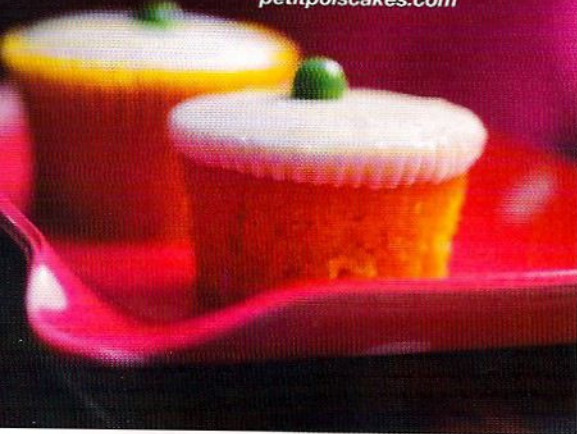


Raisin d'être

For a sweet way towards kids' five-a-day, *Food and Travel* is giving away 25 California Raisins family activity packs. For your chance to win, email readeroffers@foodandtravel.com with 'California Raisins' in the subject line, including your name, address and phone number. Or send a postcard to California Raisins, *Food and Travel*, Suite 51 The Business Centre, Ingate Place, London SW8 3NS. californiaraisins.co.uk

HAVE YOUR CAKE

Because they contain more vegetables – courgette, beetroot and pumpkin – than any other single ingredient, eating one of this range of new cupcakes from Petit Pois counts towards your five-a-day. And, because of their high veg content, they actually become sweeter and more moist with time, so you can keep them for a few days. Available in Selfridges, £5 for two. petitpoiscakes.com



Piece of cake

Budding bakers can hone their icing skills with Kuhn Rikon's child-friendly decorating set, which allows most of the topping to end up on the biscuit or cake – rather than all over your kitchen. Small hands will have no trouble gripping the decorators and controlling the nozzles to create edible masterpieces, while artistically challenged adults might find inspiration here, too... Costs £14.95. kuhnrikon.co.uk



Littlebites

From sweet treats to cooking classes, there's plenty for hungry children to get excited about this season



Hop to it

Easter wouldn't be Easter without a visit from the legendary Bunny. Our picks for this year's Easter must-haves includes the giant bunny from Marks & Spencer; Godiva's trio of chicks and Lindt's famous golden bunny – this year with gorgeous carrot umbrellas.



JUST JUICE

The creative folk at Innocent are getting back to basics with a 100 per cent pure apple juice. No added sugar means it's a healthy

drink for kids, too. £1.99, innocentdrinks.co.uk

LITTLE LUNCHES

Insulated, microwaveable, and most importantly, 100 per cent leakproof – what else could you want from a children's lunchbox? Whether it's soup or

pudding, steamed veg or croquettes,

Aladdin Bento boxes keep little ones' lunches safe and at a constant temperature. The containers stack easily, keeping each packed dish separate – ideal for picky eaters.

Prices start at £9.99. aladdin-pmi.com/eu



Back to school

Encourage little chefs on a half-day cookery class with Steve Bulmer, former chef director of the Raymond Blanc Cookery School. His

classes at Brook Hall (brookhall.net) in Buckinghamshire run during half-term and summer holidays, with group classes (£69 per child) for six to 12-year olds. L'Atelier des Chefs (atelierdeschefs.co.uk) offers one-hour classes (£20), during which kids will learn to prepare two simple recipes.

