

## TRAVEL

## Proof: booking a holiday can change your life



"WHEN I GET HOME I'M GOING TO LEARN HOW TO SWIM"

We've all sat on holiday watching a sunset, Mojito in hand, and vowed to change our lives on our return. Well now it seems those musings aren't just distant pipe dreams.

Over half of all life-changing decisions are made on holiday and turned into reality the minute we clear customs, according to a new survey by luxury travel experts Kuoni. These findings have given birth to a new trend; the

'changepation' – holidays taken in order to make big decisions. Of those surveyed, 74% said that a romantic getaway can make or break their relationship, with almost all of us either deciding to spice them up or bin them entirely on our return. And 58% of those who discuss divorce while away take immediate action once back home.

Changepations aren't always good news for bosses, either. With work/life

balance being the biggest holiday talking point, 28% of people decide to change their job post-holiday, a figure which increases the more you earn.

The Kuoni report also revealed that most of us consider a holiday to be more important than ever during the recession, with 30% of us preferring to save for a week away rather than for a new house. Sounds like the perfect excuse to book that break.

## ART

## Anna Wintour immortalised on canvas

Never intentionally seen without her trademark sunglasses, American *Vogue* editor Anna Wintour, the most revered (and feared) fashion editor of recent times, has been immortalised by Pop artist, Alex Katz, lens-free and looking – dare we say it – rather gentle. The artist, who painted Wintour last year, asked her to remove her glasses after noticing her "lovely" eyes in the documentary *The September Issue*. And Wintour later said of her experience, "I couldn't think of a nicer way to spend the afternoon." The piece will take pride of place in Katz' upcoming National Portrait Gallery exhibition, *Alex Katz Portraits*, which will run from 15 May.

Admission is free; npg.org.uk



VOGUE EDITOR ANNA WINTOUR IN HER TRADEMARK GLASSES



ARTIST ALEX KATZ'S PORTRAIT SHOWS THE SOFTER SIDE OF HIS SUBJECT

## STYLIST ADVERTORIAL

## HUNGRY FOR HAPPINESS

Take time out to cook up some fun



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The humble macaron has always been a culinary favourite. Perhaps it's the fact they're tricky to master or simply because they taste so delicious. L'atelier des Chefs ([atelierdeschefs.co.uk](http://atelierdeschefs.co.uk)), London's unique cookery school, aims to inject some serious fun into the creation of these sweet treats.

All About... Marvellous Macarons' is a two-hour session where you learn the gastronomic art behind their creations. Recipes include vanilla and praline, and dark chocolate and mandarin.

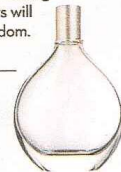
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ingredients and the same applies when creating the perfect fragrance. A drop of vanilla in water is at the heart of pureDKNY, the latest fragrance for women from the DKNY family. This comforting scent provides the ideal escape from our hectic world.

Email [competitions@stylist.co.uk](mailto:competitions@stylist.co.uk) with your name and contact details for a chance to win two places on one of L'atelier des Chefs' Macaron-making classes.\* Winners will be picked at random. Good luck!

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\*COMPETITION RUNS FROM 10-16 MARCH