

'KIDS CAN COOK' AT L'ATELIER DES CHEFS

October 25 2011 | by Astrid Carter

Keep the kids entertained this half term with cooking lessons from L'atelier des Chefs

It's mid-week half term and you've probably exhausted the usual trips to the cinema or swimming pool, and with the wet and windy weather there's not much chance of a park visit. So why not keep the kids entertained with something a little different?

This Thursday 27th October, L'atelier des Chefs are holding a one hour class for all those mini chefs out there at their Central London school. With guidance from a professional chef, budding young cooks will learn how to prepare and cook a simple, healthy and delicious two-course meal. On the menu this week is *Roasted Chicken Supreme with Swiss Chard, Leek and Almond Rice*, followed by mouth-watering *Lemon Polenta Cake with Raspberry Caramel* – we quite fancy a lesson ourselves! The children can then sit down together and enjoy their masterpieces, or take it home for the rest of the family to try.

The one hour class is held at the cookery school on London's Wigmore Street. With Oxford Street right around the corner you can nip off for a quick-fix of retail therapy whilst your little ones are transformed in to mini Jamies and Delias. There are still some places left for the class taking place on Thursday 27th October, so visit their [website](#) to book.

L'atelier des Chefs classes cost £20 per child and take place between 11am and 12pm, Thursday 27th October.

atelierdeschefs.co.uk

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